

PUBLICATIONS & PRESENTATIONS ON 'BESPOKE MUSIC AND NARRATION'

BY VALERIE ROSS & ABID AMIR

Publications

Ross, V. & Amir, A. (2022). Bespoke Music-Narration As Complementary Therapy : Reaching Disadvantaged Communities Through Translational Music-Medicine Research, *Malaysian Journal of Medicine and Health Sciences*, Vol.18 Supp 1, Jan 2022, eISSN 26369346.

Ross, V. (2022). Practice-Based Methodological Design for Performance-Composition and Interdisciplinary Music Research, *Malaysian Journal of Music*, 11(1), 109-125, eISSN 2600-9331, (<https://ojs.upsi.edu.my/index.php/MJM/article/view/7281>).

Ross, V. & Amir, A. (2021). Translational Practice-Based Methodological Model for Health & Wellness in COVID-19 Times, *South Asian Journal of Social Sciences & Humanities*, Vol 2, issue 6, pp114-124. ISSN: 2582-7065. (<https://acspublisher.com/journals/index.php/sajssh/article/view/1256>).

Ross, V. & Amir, A. (2021). Translating Music-Medicine Research-Practice. In V. Ross (Ed.), *Musical Intersections in Practice*, Centre for Intercultural Musicology in Churchill College, University of Cambridge, pp.1-8. ISBN978-1-5272-5411-1. (<http://cimacc.org/>).

Ross, V. & Amir, A. (2021). COVID-19 Pandemic : Innovative Digital Tool Using Progressive Muscle Relaxation To Promote Mental Health Among Frontline Healthcare Workers, *Annals of Emerging Technologies in Computing*, Vol. 5 No. 5, 114-119. ISSN2516-0281. (<http://aetic.theiaer.org/archive/v5/v5n5/p14.html>).

Ross, V. & Amir, A. (2020). 'Post-Covid-19 Challenges: Novel Approach to Promote Mental Health using Original Music and Pulse-Based Narration in Progressive Muscle Relaxation', *International Journal of Service Management & Sustainability*, 5(2) 1-12. ISSN2550-1569. (<https://myjms.mohe.gov.my/index.php/IJSMS/article/view/11698>).

Ross, V. & Amir, A. (2019). 'Nature's Way of Healing' , *GADING Journal of Science and Technology*, 2(2), pp.64-72. ISSN 2637-0018. (<http://www.gadingst.learningdistance.org/index.php/gadingst/article/view/50>).

Presentations

'Bespoke Music-Narration for post-operative cardiac surgery patients: a randomised controlled trial', Presented by Dr Abid Amir at 'Music, Mind, Movement', Interdisciplinary Forum, 18 March 2023, Churchill College, University of Cambridge.

'Harnessing *Chi* Through Music-Movement' and 'Meridians' (composition)' presented at 'Music, Mind, Movement', Interdisciplinary Forum and Performance, 18 March 2023, Churchill College, University of Cambridge.

'Bespoke Music & Poetic Imagery', Nature Minds, Audio-Visual presentation, 31 March 2022, Cambridge Festival, University of Cambridge.

'Bespoke Music-Narration for Community Health and Wellbeing in COVID-19 Era', V. Ross - Plenary Speaker, 8th International Conference on Arts and Humanities, 21-22 September, 2021.

'Translational Practice-Based Methodological Modal', International General Studies Conference: Embracing Technology in Teaching and Learning in the New Norm, 7-8 September 2021.

'Music in Rehabilitation to Foster Health & Wellness Among Disadvantaged Communities', Ross & Amir - Webinar, Social Security Organisation (Perkeso)-Return to Work Disability Management Series, 24 August 2021.

'Teaching Practice-Centred Research Methodology in Music', V. Ross – Workshop, Malaysian Music Education Conference, 20-22 August 2021.

'Bespoke Music & Narration to Promote Health and Wellness in Covid-19 times', Ross & Amir - Webinar, Cambridge Festival, 26 March – 4 April 2021, University of Cambridge. (<https://www.festival.cam.ac.uk/events/bespoke-music-and-narration-health-and-wellness>)

'Post-COVID-19 Challenges : A Novel Approach to Promote Mental Health Using Original Music and Pulse-Based Narration in Progressive Muscle Relaxation, 1st Global Summit on Viral-immunology and Antiviral therapy of COVID-19, 25-26 November 2020.

'Covid-19 Pandemic: Digital Tool Using Progressive Muscle Relaxation', Ross & Amir, Global Research Conference, 16-18 October 2020.

'Cusp of Life: Soul of the Heart Reimagined', Ross & Amir, 7th International Conference on Arts and Humanities, 17-18 September 2020.

'Bespoke Music and Narration for Cardiac Rehabilitation: A Contemporary Framework for Translational Research in Music and Medicine', Abid Amir – Keynote Speaker, International Conference on Musical Intersections in Practice, University of Cambridge, 25-26 October 2019.

'Power of Music on Health During MCO', V. Ross – Webinar, Stay Safe Online – UiTM Research Live Webinar Series 2020, 28 April 2020.

'Bespoke Music & Narration for Cardiac Rehabilitation: 'Road to Recovery'', Melaka International Intellectual Exposition (MIEX2019 – Ross & Amir, Gold Medal Award for Innovation), *Humanising Technology : Enable the Disabled*, e-Monograph, 6-8 August 2019.

'Sonic Design for Progressive Muscle Relaxation for Cardiac Rehabilitation', Ross & Amir, International Conference on Social Science, Science and Technology, 7-8 August 2019.

Dated : November 2023