

'BESPOKE MUSIC AND NARRATION'

Publications & Presentations by Valerie Ross & Abid Amir

Publications

Ross, V. & Amir, A. (2021). Translating Music-Medicine Research-Practice. In V. Ross (Ed.), *Musical Intersections in Practice*, Centre for Intercultural Musicology in Churchill College, University of Cambridge, pp.1-8. ISBN978-1-5272-5411-1.

(<http://cimacc.org/>)

Ross, V. & Amir, A. (2021). COVID-19 Pandemic : Innovative Digital Tool Using Progressive Muscle Relaxation To Promote Mental Health Among Frontline Healthcare Workers, *Annals of Emerging Technologies in Computing*, Vol. 5 No. 5, 114-119. ISSN2516-0281.

(<http://aetic.theiaer.org/archive/v5/v5n5/p14.html>)

Ross, V. & Amir, A. (2020). 'Post-Covid-19 Challenges: Novel Approach to Promote Mental Health using Original Music and Pulse-Based Narration in Progressive Muscle Relaxation', *International Journal of Service Management & Sustainability*, 5(2) 1-12. ISSN2550-1569.

(<https://myjims.mohe.gov.my/index.php/IJSMS/article/view/11698>)

Ross, V. & Amir, A. (2019). 'Nature's Way of Healing' , *GADING Journal of Science and Technology*, 2(2), pp.64-72. ISSN 2637-0018.

(<http://www.gadingst.learningdistance.org/index.php/gadingst/article/view/50>)

Presentations / Innovation Awards

'Bespoke Music-Narration for Community Health and Wellbeing in COVID-19 Era', V. Ross - Plenary Speaker, 8th International Conference on Arts and Humanities, 21-22 September, 2021.

'Translational Practice-Based Methodological Modal', Ross & Amir, International General Studies Conference: Embracing Technology in Teaching and Learning in the New Norm, 7-8 September 2021.

'SternaZip: Conceptualisation of An Innovative Surgical Devise for Delayed Sternal Closure Utilising Nano-Silver Technology', Virtual International Medical Innovation Competition, Abid Amir et al. , 1st place, Academic Category, 27 August 2021.

'Music in Rehabilitation to Foster Health & Wellness Among Disadvantaged Communities', Ross & Amir - Webinar, Social Security Organisation (Perkeso)-Return to Work Disability Management Series, 24 August 2021.

'Teaching Practice-Centred Research Methodology in Music', V.Ross – Workshop, Malaysian Music Education Conference, 20-22 August 2021.

'Bespoke Music & Narration to Promote Health and Wellness in Covid-19 times', Ross & Amir - Webinar, Cambridge Festival, 26 March – 4 April 2021, University of Cambridge. (<https://www.festival.cam.ac.uk/events/bespoke-music-and-narration-health-and-wellness>)

'Post-COVID-19 Challenges : A Novel Approach to Promote Mental Health Using Original Music and Pulse-Based Narration in Progressive Muscle Relaxation, 1st Global Summit on Viral-immunology and Antiviral therapy of COVID-19, 25-26 November 2020.

'Covid-19 Pandemic: Digital Tool Using Progressive Muscle Relaxation', Ross & Amir, Global Research Conference, 16-18 October 2020.

'Cusp of Life: Soul of the Heart Reimagined', Ross & Amir, 7th International Conference on Arts and Humanities, 17-18 September 2020.

'Bespoke Music and Narration for Cardiac Rehabilitation: A Contemporary Framework for Translational Research in Music and Medicine', Abid Amir – Keynote Speaker, International Conference on Musical Intersections in Practice, University of Cambridge, 25-26 October 2019.

'Power of Music on Health During MCO', V. Ross – Webinar, Stay Safe Online – UiTM Research Live Webinar Series 2020, 28 April 2020.

'Bespoke Music & Narration for Cardiac Rehabilitation: 'Road to Recovery'', Melaka International Intellectual Exposition (MIIEEX2019 – Ross & Amir, Gold Medal Award for Innovation), *Humanising Technology : Enable the Disabled*, e-Monograph, 6-8 August 2019.

'Sonic Design for Progressive Muscle Relaxation for Cardiac Rehabilitation', Ross & Amir, International Conference on Social Science, Science and Technology, 7-8 August 2019.

Dated : As of Sept 2021